



Holy Cross
MINISTRIES

**2018
ANNUAL
REPORT**



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THANK YOU

HCM HISTORY

Holy Cross Ministries' history of service in Utah dates back to 1875, when the first two sisters of the Holy Cross established a hospital for injured miners and railroad workers. In an effort to look at new and innovative ways to reach out to the underserved and underinsured, the sisters created Holy Cross Ministries in 1994 to continue their tradition of compassionate service.

MISSION

"We respond to the underserved community's need for health and well-being. We share God-given resources, connect people to community services, and assist individuals and families towards independence and full participation in the community. We do this to fulfill the mission of Jesus Christ and in the spirit of the Sisters of the Holy Cross."

VISION

Holy Cross Ministries will be distinguished by an unrelenting, adaptive focus on building and celebrating just, compassionate, sustainable, and inclusive communities made up of individuals who, through their life and work, contribute to the benefit of all.

DEAR FRIENDS,

It is our pleasure to share with you Holy Cross Ministries' 2018 Annual Report. This document illustrates the impact that was made possible by the 445 donors in 2018 who financially supported critical health, education, and justice programming for low-income families in Utah.

As a tribute to our supporters, we have included three stories that share the ways in which their generosity changed three families' lives in 2018.

Your support invigorates the tireless work of Holy Cross Ministries' staff and volunteers to continue the Sisters of the Holy Cross' tradition of compassionate service that dates back to the Holy Cross order's founding in 1841 by Father Basil Moreau in LeMans, France. It is our honor to continue that legacy and spirit of service.

Thank you for joining us in this fight to meet the needs of the underserved in our shared community. Your generosity is instrumental and without it our programming would not be possible.

Sincerely,


Emmie Gardner
CEO

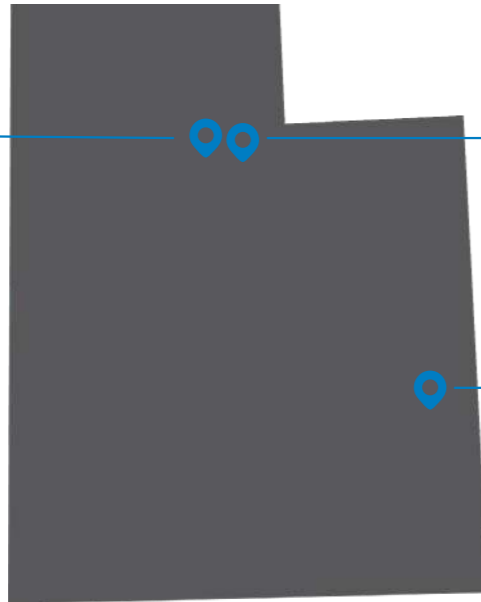

Raymond Dardano
Board Chair

“A tradition of caring for our community's future...”

HCM IN THE COMMUNITY

In 2018, HCM provided health, education, and justice programming to 3,563 individuals in the state of Utah in the following communities:

Trauma-informed counseling, legal immigration programming, and health outreach support services in Salt Lake County.



Early childhood education, health outreach, and legal aid services for low-income families in Summit and Wasatch Counties.

Immigration legal aid clinics in Moab, Utah.



COUNSELING PROGRAM

Bilingual, bicultural trauma-informed counseling and case management services for victims of crime.



LEGAL IMMIGRATION PROGRAM

Comprehensive legal support, consultations and representation (primarily for immigrant victims of crime).



PARENTS AS TEACHERS PROGRAM

Evidence-based, home visiting services for children and their parents from prenatal stages until age three.



PROMOTORA OUTREACH PROGRAM

Health access support, prenatal classes, referrals, advocacy and support groups for underserved individuals.



SCHOOL READINESS PROGRAM

Classroom-based education with evidence-based curriculum for at-risk children preparing for kindergarten.



SUMMER CAMP PROGRAM

Academic and enrichment programming for elementary-aged children to help prevent summer learning loss.

SISTERS OF THE HOLY CROSS

“a sponsored ministry of the Sisters of the Holy Cross”

Holy Cross Ministries is a sponsored ministry of the Sisters of the Holy Cross, a Roman Catholic congregation of women religious who engage in ministries that, according to the congregation, “focus on building communities of justice and love, eradicating material poverty, and ending gender discrimination against women.”

In 1841 Father Basil Anthony Moreau founded a group of women religious in Le Mans, France. He placed these women under the special patronage of Mary, the Mother of Sorrows, and encouraged the sisters to be associated with her as women of faith and compassion. Today, this group is formed in three separate congregations: Marianites of Holy Cross, Sisters of Holy Cross, and the Sisters of the Holy Cross.

In 1843, four Holy Cross sisters were sent to northern Indiana to help the Holy Cross priests establish a school for young men that would later become known as the University of Notre Dame. The sisters began to teach young women, and the resulting school moved from Michigan in 1855 and later became Saint Mary’s College. This women’s college across the street from Notre Dame is a sponsored ministry of the Sisters of the Holy Cross to this day.

It was twenty years later, in 1875, that the first two Sisters of the Holy Cross came to Utah. Within their first 90 days of service the sisters established a hospital and a school. As their ministry grew and evolved in the Salt Lake Valley, the sisters eventually established Holy Cross Ministries as a 501(c)3 non-profit organization.

Today, there are approximately 400 Holy Cross sisters ministering across the world. They are located in eight countries and four continents (Bangladesh, Brazil, Ghana, India, Mexico, Peru, Uganda, and the United States).

At Holy Cross Ministries, we are deeply connected to the congregation of the Sisters of the Holy Cross. There is one sister on staff, four sisters on the Board of Trustees, and we are lucky enough to host annual novitate placements of discerning sisters who volunteer with HCM’s programs.

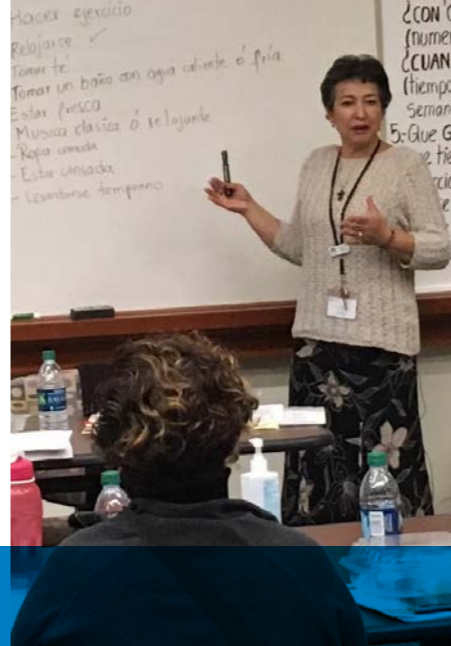
HEALTH SPOTLIGHT

Andrea was a patient at South Main Clinic, where she was referred to Holy Cross Ministries' Promotora Outreach Program for prenatal classes. Pregnant with twins on a single household income, Andrea was extremely anxious.

However, slowly but surely, Andrea became more confident as she attended the classes and met other expectant mothers in similarly challenging situations. Along the way, Holy Cross Ministries' Promotoras (Community Health Workers) were able to further support Andrea by helping her to apply for emergency Medicaid and connect her with a free meal program. Additionally, when she finished the eight-series workshop of prenatal classes Andrea received two layettes of baby supplies through Holy Cross Ministries' partnership with Saint Martha's Baby

Project—one for each of her babies.

Andrea's twins were born prematurely and despite the fact that the procedure went well, they had to remain in the hospital for quite some time. Andrea shared photos with the Promotoras and kept them posted on the babies' progress. When they were finally able to come home, Andrea was beaming with joy as she brought the twins to Holy Cross Ministries to say thank you. It was such a pleasure to meet the children in person, and we have loved continuing to watch them grow!



AS A RESULT OF HCM'S HEALTH OUTREACH PROGRAMMING IN 2018:

1,012 individuals like Andrea were aided by a Promotor(a) (Community Health Worker) and/or a counselor.

1,607 outreach activities were conducted.

179 trauma-informed counseling sessions were offered.

60% of the individuals receiving health outreach services (576 people) have already demonstrated improved outcomes.

EDUCATION SPOTLIGHT

Preschool is a big adjustment for any child, but it was a constant struggle for Holy Cross Ministries' School Readiness Program teachers to gain Jessica's trust. It seemed that she felt she had to defend herself from everyone around her at all times. At any given moment, Jessica would bite her teachers, scream, or push her classmates.

After meeting with Jessica's mom it all made sense. The difficulties she was going through were no small matter. Jessica's dad was recently deported, and as a result the family's finances became even more stretched. Her mom had to find a second job and move into a one-room-apartment that she and Jessica shared with two other families. It was almost impossible for her to have quality time with Jessica or establish any kind of routines at home.

With a better understanding of the underlying causes for her outbreaks, Holy Cross came up with a plan to help support Jessica. Holy Cross and Jessica's mom worked together to help her realize that the classroom was a safe space. It took nearly a full year, but gradually we began to see a change.

When Jessica came back after the summer break it was amazing to see how much she had improved. It was almost as though she was a completely different girl. She arrived to the classroom on the first day with a huge smile on her face and with open arms, hugging and greeting her teachers and friends. She was visibly happy to be back and ready to learn.

We are so thrilled to have her for another year of adventures.



AS A RESULT OF HCM'S EDUCATION PROGRAMMING IN 2018:

425 at-risk children and their parents, like Jessica and her mom, had access to educational programming.

343 home visits were conducted.

133 days of classroom-based education were offered.

86% of the 0- to 3-year-olds (80 children) were on benchmark for their area of development.

JUSTICE SPOTLIGHT

Julie was 13 years old when she was referred to Holy Cross Ministries by the District Attorney's office to see if she would qualify for a U Visa; Julie had no idea what a U Visa was, but she came anyway in hopes of getting some help.

Julie was a victim of rape and sexual assault. When she first came to HCM she was three months pregnant as a result of these crimes.

As an immigrant victim of a serious crime who was willing to cooperate with law enforcement to bring her perpetrator to justice, Julie qualified for a U Visa and Holy Cross' legal team was able to represent her. Once the legal process began it was clear that Julie was still suffering as a result of the attack. Julie's parents were very concerned for her;

she was confused, angry, and sad. Julie stopped attending school because she was embarrassed by the pregnancy, and she became very withdrawn from her family and friends.

With an in-house network of services, Holy Cross was able to offer Julie additional support. She came to weekly counseling sessions and began attending a prenatal class with Holy Cross as well. Julie was able to learn about her pregnancy, understand how her baby was developing, and interact with other expectant moms.

The change in Julie was remarkable. Her parents commented that they were beginning to see their little girl again. Her behavior was improving, her attitude was more positive, and she had made the

decision to return to school.

Julie's life was forever changed by the violent crime she suffered, but with the support of Holy Cross Ministries and her family, Julie was able to find her inner strength and the confidence to keep going forward, overcoming the pain and trauma she has experienced. Today, she is in college and she works hard to raise her child and to contribute to her family's well-being.



AS A RESULT OF HCM'S JUSTICE PROGRAMMING IN 2018:

2,429 people, like Julie, received legal immigration assistance.

1,072 legal consultations were conducted.

799 legal forms were filed.

97% of all immigration cases (777 cases) had a successful outcome.

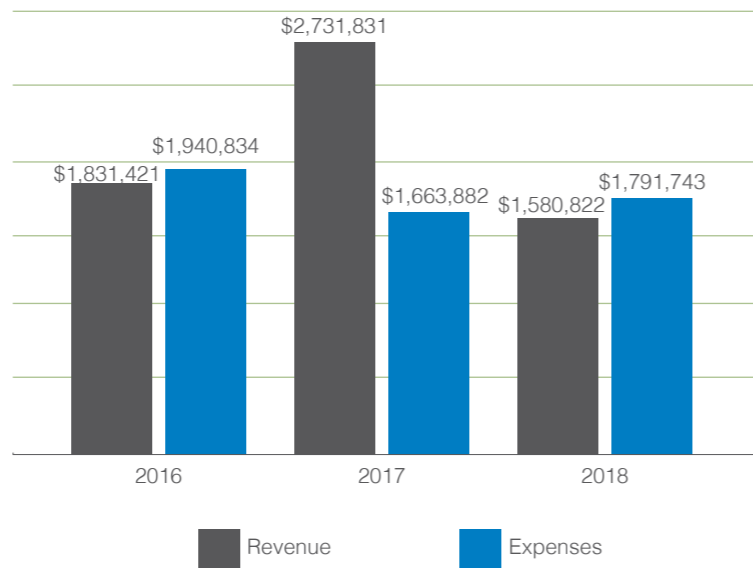
FINANCIAL OVERVIEW

Thank you to all of Holy Cross Ministries' generous supporters. Your gifts are changing lives.
Thank you for trusting us with your valuable contributions.

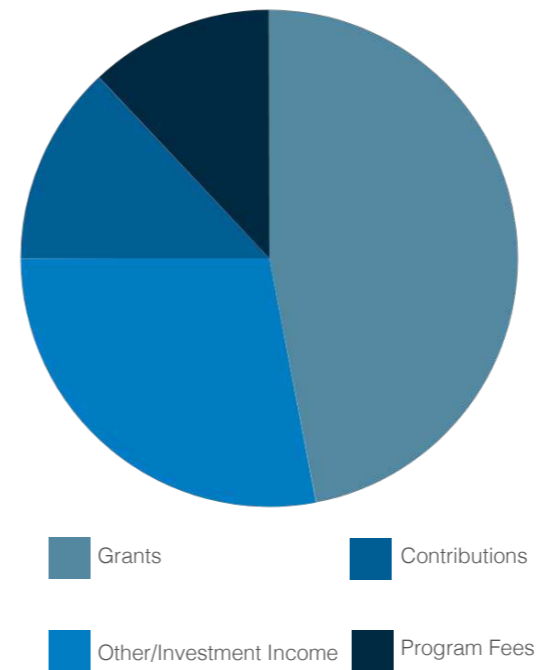
TOTAL REVENUE AND EXPENSES

Please Note: In 2017 there was a 186% increase in total investment income from the Augusta Fund compared to 2016. These excess funds were reinvested to ensure long-term financial stability to fund HCM programs and services.

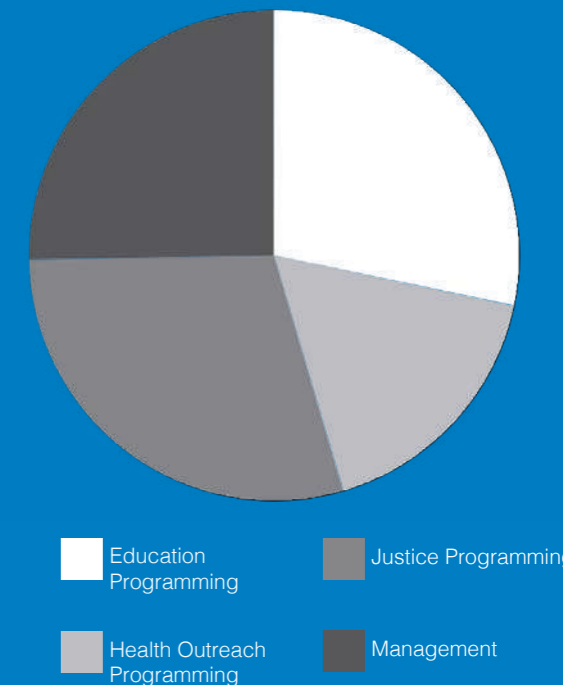
There was a net unrealized loss of -\$708,397 in 2018 as compared to a net unrealized gain of \$1,102,933 in 2017. This was largely due to investment market fluctuations at the end of 2018.



2018 REVENUE



2018 EXPENSES



SPECIAL THANKS

Thank you to all of the donors who joined Holy Cross Ministries in 2018 by making a contribution to ensure that cost would not be a barrier to anyone's health and well-being.

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